

INOSANTO ACADEMY OF MARTIAL ARTS CLASS SCHEDULE

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			10:30-11:30 Filipino Martial Arts		9-10 am Little Dragons
			12-1 pm Mixed Martial Arts		10-11 am Brazilian Jiu-Jitsu
5-6 pm Kick Boxing	5-6 pm Little Dragons	5-6 pm Filipino Martial Arts Little Dragons	5-6 pm Little Dragons		11-12 noon Mixed Martial Arts
6-7 pm Filipino Martial Arts	6-7 pm Thai Boxing	6-7 pm Kickboxing	6-7 pm Thai Boxing	6-7 pm Shoot Wrestling	12-1 pm Filipino Martial Arts
7-8 pm Brazilian Jiu-Jitsu	7-8 pm Majapahit Silat	7-8 pm Thai Boxing Brazilian Jiu-Jitsu	7-8 pm Majapahit Silat	7-8 pm Jeet Kuen I	1-2 pm Thai Boxing
8-9 pm Jeet Kuen-JKD I	8-9 pm Filipino Martial Arts	8-9 pm Jeet Kuen -JKD I	8-9 pm Filipino Martial Arts	8-9 pm Filipino Martial Arts	2-3 pm Shoot Wrestling
9-10 pm *Jeet Kuen-JKD II*	9-10 pm *Jeet Kuen -JKD III*	9-10 pm Shoot Wrestling			3-4 pm Jeet Kuen -JKD I

CLASS, INSTRUCTOR, TRAINING ROOM, TIME SUBJECT TO CHANGE WITHOUT NOTICE "No Shoes" allowed on the matted training area.

***Classes - Need Instructor approval for training.

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