

MATEO ACADEMY OF SELF DEFENSE

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SAM MATEO

FOUNDER

HEAD INSTRUCTOR

WELCOME TO THE MATEO ACADEMY OF SELF DEFENSE



WELCOME TO THE MATEO ACADEMY, THE MIXED MARTIAL ARTS STUDIO OF THE HIGH DESERT. WE HAVE THE ONLY CERTIFIED INSTRUCTOR AUTHORIZED TO TEACH JEET KUNE DO IN THE HIGH DESERT. WE ALSO OFFER CLASSES IN MUAY THAI THAI BOXING, GRAPPLING, FILIPINO MARTIAL ARTS, MADJAPAHIT MARTIAL ARTS / MAPHALINDO SILAT, AND WOMEN'S KICKBOXING. SIFU SAM MATEO, HEAD INSTRUCTOR/OWNER, IS CERTIFIED UNDER GURO DAN INOSANTO OF THE INOSANTO ACADEMY IN MARINA DEL REY, CALIFORNIA.

WE OFFER MANY FORMS OF MARTIAL ARTS, INCLUDING CLASSES SPECIFICALLY SET UP FOR CHILDREN, WOMEN AND BEGINNERS. THE MATEO ACADEMY IS A SUPPORTER OF OUR COMMUNITY AND BELIEVES IN INSTILLING STRONG MORALS AND A HEALTHY LIFESTYLE TO ALL OF OUR STUDENTS. COME IN, CHECK US OUT AND TRY US FOR A WEEK AT NO COST TO YOU.

MISSION STATEMENT

THE MISSION OF THE MATEO ACADEMY OF SELF DEFENSE IS TO BUILD SELF-ESTEEM, TEACH GOAL SETTING SKILLS, CREATE POSITIVE PEER GROUPS, PROMOTE ASSET DEVELOPMENT AND TO PROVIDE CHILDREN, INCLUDING THOSE WITH SPECIAL NEEDS, WITH POSITIVE ACTIVITIES, ROLE MODELS AND MENTORS.

THE PROGRAM IS DESIGNED TO INSTILL POSITIVE BEHAVIORS THROUGH PREVENTION INTERVENTION IN AN EFFORT TO COMBAT JUVENILE CRIME, FAMILY VIOLENCE, AND NEGATIVE CULTURE DIFFERENCES.

CHILDREN AND ADULTS INVOLVED IN MATEO ACADEMY OF SELF DEFENSE HAVE SHOWN THEY DEVELOP A CLOSER RELATIONSHIP WITH FAMILY, COUNTRY AND GOD, MAKE REMARKABLE PROGRESS IN THEIR SCHOLASTIC ACHIEVEMENTS, AND GAIN A SENSE OF PRIDE IN THEIR COMMUNITY.



THE MATEO ACADEMY OF SELF DEFENSE
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